



northburleigh  
surflifesavingclub

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**NORTH BURLEIGH SURF LIFE SAVING CLUB**

**2009/2010 CONRAD JUPITERS SUMMER SURF GIRL**



## **PROFILE – PAIGE COOPER**

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<b>NAME:</b>	<b>Paige Cooper</b>
<b>AGE:</b>	<b>20</b>
<b>CLUB:</b>	<b>North Burleigh Surf Life Saving Club</b>
<b>OCCUPATION:</b>	<b>Student – Sports Management &amp; Marketing (Griffith Uni)</b>



# PROFILE – PAIGE COOPER

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## EVERYTHING YOU NEED TO KNOW ABOUT PAIGE COOPER:

### 1. WHAT MOTIVATED YOU TO BECOME A CONRAD JUPITERS SUMMER SURF GIRL ENTRANT FOR 2009/2010.

2009/2010 celebrates the North Burleigh SLSC's 60<sup>th</sup> Anniversary. I saw this as an opportunity to help the Club raise the much needed funds that many Surf Girls before me have done.

### 2. WHY IS YOUR SUMMER SURF GIRL ENTRY IMPORTANT TO YOU AND/OR YOUR CLUB?

It is important to me as it allows me to give back to an organisation that has helped me develop skills in all areas of my life – both personally through developing friendships and developing my love and passion for the sport.

### 3. WHEN AND WHY DID YOU GET INVOLVED IN SURF LIFESAVING?

I have been involved in Surf Life Saving since I was 5 years old. My father had been a members of Surf Life Saving for several years and it was a way that our family could enjoy the benefits of healthy lifestyle and being part of an organisation that assisted the community. Uncle Brad mentored me & coached professional life savers for many years..he was an Olympian and an inspiration to both myself and other Club members

### 4. HAVE YOU EVER PERFORMED A RESCUE? (If yes, how many and please provide details)

I have performed 3 rescues.

- 1) Whilst I was doing my Bronze exam, I was involved in rescuing other members of the Bronze squad .. At North Burleigh SLSC – in cyclonic conditions..
- 2) Earlier this year, I was on patrol when a teenager went missing in the North Burleigh headland area. It was a busy Sunday on the beach with hundreds of Nippers. I was required to search the rocky areas and thankfully, we were able to recover the teenager before he rolled off the Cliff.
- 3) Robina town centre fundraising, womans trolley clipped her heel, slicing it, suffered shock and went unconscious in front of me, after looking after situation and baby in

pram she recovered and regained consciousness.

**5. DO YOU COMPETE IN SURF SPORTS**

Yes, I have been competing since I started Surf Life Saving. I have 17 Australian medals (including 6 gold medals) and have represented Queensland in 2006/2007 and won the Coolangatta Gold Girl team event 4 times. This year, I am hoping to place in my disciplines – board race, beach running.

**6. WHAT ARE YOUR GREATEST ACHIEVEMENT/S IN SURF LIFE SAVING TO DATE**

Patrol Member of the Year – 2008/2009 Season  
6 Australian Gold Medals  
Assisting in the North Burleigh SLSC's School Program

**7. MOST MEMORABLE/ UNIQUE MOMENT IN SURF LIFE SAVING?**

Winning my first individual Australian Gold Medal for the 2007/2008 Season – Board Race & 2km run

**8. YOUR BIGGEST CHALLENGE IN SURF LIFE SAVING?**

To maintain a good life balance – university studies, training, patrol & voluntary obligations, work commitments as well as my family and friends.

**9. MOST MEMORABLE MOMENT OUTSIDE OF SURF LIFE SAVING?**

Making the Pan Pacifics School Games for 800m running in 2000 and placing 3rd – this was a highlight for me as it was also the Olympics in Sydney.

**10. MOST EMBARRASING MOMENT?**

Smashing my two front teeth into a half moon shape and having to go to school like that for a week or two until they were eventually fixed.

**11. SURF LIFE SAVING GOALS?**

To promote and teach surf life saving to the public, incl school students.....  
support and encourage women in sport.....  
and achieve more Australian medals in my disciplines in the surf sports arena....

**12. CAREER GOALS?**

To complete my university degree and gain a job working in the field of sports management, hopefully in an area that I am passionate about – youth sporting development (AIS, QAS, Surf Life Saving)

### **13. INTERESTS OUTSIDE OF SURF LIFE SAVING?**

Fashion design, spending quality time with my family & friends, taking my dog for long runs on the beach, travelling overseas.

### **14. WHO IS YOUR IDOL, WHO DO YOU LOOK UP TO/ WHY?**

***Within Surf Life Saving:*** There are so many people within North Burleigh SLSC, let alone other clubs, who inspire me. Hayley Bateup.....good ambassador for women and the sport, Coolangatta gold 3 times, hard dedicated trainer....building her own empire....

***Outside of Surf Life Saving:*** Mum and Dad

### **15. IF YOU WERE GRANTED THREE WISHES WHAT WOULD THEY BE?**

- 1 – For my family and friends to remain happy and healthy.
- 2 –To have a successful career which i am extremely passionate about
- 3 – And a lotto win would be nice!

### **16. IN YOUR VIEW WHAT IS THE BEST THING ABOUT SURF LIFE SAVING?**

The like-minded people you meet and the enjoyment gained from doing something for someone else.

### **17. WHAT'S UNIQUE ABOUT YOUR PARTICIPATION IN SURF LIFE SAVING?**

Although I have had the opportunity to be exposed to many sports I have always remained passionate about surf & have enormous respect for its contribution to society. I have been offered exceptional opportunities at elite levels with the QAS, but feel my enthusiasm and love for the sport far outweighed these alternate offers.

My life literally revolves around it, from my uni degree of sports management and marketing, to my job of surf education school program, to my surf sports of competing in the sport at weekends and training everyday and even my blonde hair and tanned skin!!!!!!

### **18. WHAT DO YOU SEE YOURSELF DOING IN 10 YEARS TIME?**

I would definitely still be involved in surf life saving in some capacity both for lifestyle and fitness, whilst hopefully juggling a successful career and family life.

### **19. HOBBIES?**

I love creating my own individual dress designs and expressing my feelings through art. I also play Touch Football.

### **20. HOW DO YOU RELAX?**

In addition to the above, I love going for a “million dollar swim” in the ocean, followed by a

coffee beachside. Also, chilling out with a fashion magazine or watching a dvd with friends.

**21. WHAT ARE YOU CURRENTLY READING?**

Uni books!!

**22. WHAT DOES A TYPICAL WEEKEND CONSIST OF?**

My typical weekend would consist of iron training session Saturday morning, followed by big breakfast with surf club friends, retail therapy, dinner Saturday night with friends or boyfriend, Sunday - early morning swim and breakfast at a beachside cafe and spending quality time with family and an afternoon BBQ!

**23. WHAT IS YOUR DREAM HOLIDAY DESTINATION/ WHY?**

Bora Bora, in the French Polynesian islands, as it has the most beautiful water , the environment is so pristine and is the perfect location to recharge your batteries!

**24. FAVOURITE OTHER SPORT/S?**

Touch football, running, watching rugby league, aquathons.

**25. MOST INTERESTING PERSONALITY YOU'VE MET?**

My boyfriend pat, he has personality to burn, many envy him and his passion for life, he is always contagiously happy and is a very talented athlete and all round sportsman who always gives 110%.

**26. PERSON/PEOPLE YOU'D MOST LIKE TO MEET/ WHY?**

Jennifer Hawkins.....Elle Mcpherson.... built their own empires through self image and hard work...

**27. WHAT ARE YOUR MOTIVATIONS?**

People who have succeeded in their field of work or passion, the Olympics motivate me, and being responsible for a worthwhile cause as I enjoy the thrill of the satisfaction of helping make a difference.

**THANK YOU!**

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FOR FURTHER INFORMATION, PLEASE CONTACT KYLIE PARMLEY – SPONSORSHIP & MARKETING MANAGER

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