NORTH BURLEIGH SLSC 2023/24 SEASON











OUR BEACH | OUR PEOPLE | OUR COMMUNITY | OUR FUTURE

Contents

Presidents Welcome **MEMBERSHIP Benefits & Inclusions Blue Cards** Fees **NIPPERS** 2023/24 Age Group quick reference Step-by-step guide Other Nipper info Safety comes first How to get involved **Nipper Communication** 2023/24 Junior Activity Committee Age Managers **SURF SPORTS Surf Sports Levy Surf Sports Communication** 2023/24 Coaching staff Carnivals **LIFESAVING EDUCATION** Course **GENERAL Operations Staff Sponsors**



Our Purpose

'Not one, not ever...'

Our Centre of Gravity

'We create a **healthy**, **surf safe**, **community service hub**with **enduring friendships'**

OUR BEACH | OUR PEOPLE | OUR COMMUNITY | OUR FUTURE



Presidents Welcome

To North Burleigh SLSC Members,

It is with great pleasure and enthusiasm that we extend our warmest welcome to all new and returning members for the 2023/24 season. We are thrilled to have you join our tight-knit community and share our vision to "create and healthy, surf safe, community service hub with enduring friendships".

I would like to acknowledge the traditional custodians of the North Burleigh land, the Yugumbeh people, and pay my respects to their elders, past, present and emerging. At North Burleigh, we are aligned to our core values of Participation, Respect, Inclusiveness, Development, Enthusiasm, and are driven by our mission: Our Beach, Our People, Our Community, and Our Future.

We are dedicated to equipping our members with the skills needed to effectively respond to emergencies, whether it be through our patrolling initiatives, our junior nipper program, or our comprehensive offering of education and training. By joining North Burleigh SLSC, you are not only becoming a part of a respected organisation, but you are also embracing the responsibility of ensuring the safety of our local community.

See you on the beach!

David Rhodes

Club President

North Burleigh SLSC

Board of Management



DAVID RHODES

Club

President



JON LOCKE

Deputy

President



ANDREW HADDEN

Director of

Administration



TRAVIS CALLAGHAN

Director of
Finance



BRAD RODGERS

Director of Junior

Activities



Provided the RUSSELL CODLIN Director of Lifesaving



CLIFF RODD
Director of Surf
Sports



BRIAN CARROLL
Director of Clubhouse
Activties

NORTH BURLEIGH SLSC



2023/24 SEASON LAUNCH

Saturday 9 September
North Burleigh SLSC 8-11am

- Membership assistance
- Nipper enquiries
- Become a Life Saver!
- New club merch range
- Prizes & giveaways

- Meet & greet our Surf Sports Coaches
- Representative shirt reveal
- Activities for kids
- Westpac Helicopter demonstration
- Sponsor & Partner activations



W: www.northburleighslsc.com.au

E: <u>admin@northburleighslsc.com.au</u>



Membership

BENEFITS & INCLUSIONS

Junior Activity Member (Nipper)

Sunday Nipper program

Age Group awards

Compulsory insurance

Access to Club facilities

Use of Club boards on Sundays

Active Member

Courses and Awards

Patrol

Surf Club access

Supporters Club access and

membership

Rigs Recovery Discounts

Training

Skin Checks

New patrol uniform upon

completion of a Bronze

Medallion/SRC

Associate

Supporters Club access & membership

Courses and awards

Surf Sports

Courses and awards

Surf Club Access

Storing your personal craft at the club

Training with worlds class coaches:

- Board
- Ski
- Swimming
- Run & Gym
- Iron
- IRB
- Pool Rescue

Rigs Recovery discounts

Participating in Surf Sports carnivals

BLUE CARDS

Any active member over the age of 18 years old is required to hold a Blue Card. If you need to apply or renew your Blue Card - click <u>HERE</u>. The process is completed online. Please email operations@northburleighslsc.com.au should you have any questions about the process.

Membership Fees

<u>Category</u>	<u>Fee</u>
Probationary	\$90
Active 18+, Reserve, Award, Long Service	\$70
Associate (Nipper Parent)	\$90
Cadet (U13 - U15) Active Junior (U15-U18)	\$70
Junior Activity Member Nipper (U6 - U12)	\$120
Family membership	\$365

FAMILY MEMBERSHIP ELIGIBILITY

This membership category is designed for nipper families, and also provides a small discount.

Category eligibility: 2 x adults & 2 x children (U6 - U12) OR 1 x adult & 3 x children

Nippers

Our Nipper program is designed to nurture and develop young individuals, aged 5 to 14, into confident and capable beachgoers. Through a range of activities and training sessions, we aim to instill important life skills such as water safety, surf awareness, and teamwork. Nippers will have the opportunity to participate in exciting beach games, learn essential lifesaving techniques, and build lifelong friendships within a supportive and inclusive environment.

Please refer to the below Age Group chart to see which age group your Nipper will be taking part in this season.

2023/24 Age Group Quick Reference

AGE GROUP	ост	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
U6	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U7	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U8	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U9	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U10	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U11	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U12	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U13	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U14	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U15	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009

Step-by-Step Guide to get ready for Nippers

Now that you are a members, please see below the step-by-step guide on what needs to be achieved prior to starting nippers this season.

Step 1 - Complete Pool Preliminary Evaluation (This must be signed off before the Beach Evaluation)

- 26 August 2pm 4pm
- 9 September 2pm 4pm
- 7 October 8am 9am

Location: Marymount Primary School

If you cannot attend any of these days, your child's swim coach will need to complete the form, as below:

Pool Swim form HERE

Once the form is completed, please email a copy to <u>admin@northburleighslsc.com.au</u> (we dont accept hard copies) prior to the first day of nippers in October.

Step 2 - Complete Beach Evaluation (U8-U14 only)

- 27 August 9am 10am
- 10 September 9am 11am
- 7 October 9:30am 10:30am

Register for Proficiency's <u>HERE</u>

Step 3 - Complete Competition Evaluation (U8-U14 only) completed during nippers. Note - if you would like your child to compete at carnivals this season, please ensure you notify your Age Manager asap.

Step 4 - See you at Nippers!

Start dates:

- Sunday 8 October U6 u10s only
- Sunday 15 October all age groups

See you on the beach!

OTHER NIPPER INFO

Nippers is held on Sunday mornings. Please arrive by 8:15am and find your Age Manager to have your child signed in and ready to hit the sand by 830am. Nippers wraps up between 10am – 10:30am, depending on the age group and weather/surf conditions. We encourage parents to stay on the beach and actively support your child for the duration of the program. Each child must be collected by a parent/guardian at the end of each Nipper session.

Uniforms & Merchandise will be available for purchase every nipper Sunday from 730-9am @ North Burleigh SLSC, as well as at our Season Launch on Saturday 9th September 2023 from 8am - 9:30am

WHAT TO WEAR/BRING:

Club age cap and high visibility pink rash vest are compulsory:

U6 - Yellow

U7 - Blue

U8 - U14 - Club Caps

- Club togs & water bottle recommended
- Sunscreen and towel essential
- Goggles and Nipper board (If you have one) (U9-U14)

ON THE BEACH - WHAT HAPPENS AT NIPPERS:

Each day's activities may change depending on weather and surf conditions. Nippers will rotate through activities (water, beach, games, education)

BBQ & ROSTERING

The BBQ will sell bbq style food, drinks from 9:30am.

Each week an age group will be rostered on to assist with the BBQ, uniform, set up and pack down between 7am – 11am. The NB Nipper program is run by volunteers therefore we call upon our Nipper parents to get involved to make this all possible.

SAFETY COMES FIRST:

Each Nipper day we have 10 age groups hit the beach. This equates to over 500 nippers on the sand & in the water, plus parents, siblings & local beachgoers.



- Children must stay with their Age Manager at all times, unless coaches take over for a specific activity.
- If children must leave their group, to go to the toilet etc, the Age Manager needs to be advised by the parent.
- No child is to enter the water unless authorised by the Age Manager.
- U6 & U7s must have a parent/guardian remain with the age group at all times.
- All remaining age groups must have a parent/guardian on the beach/surrounds.
- At the conclusion of the session, children must be collected by their parent/guardian.
- Children are not to leave the Club/surrounds without an adult.



WANT TO GET INVOLVED AND HELP OUT ON NIPPER SUNDAY?

Admin, Uniform & Merch Officer x 4 - This role will consist of 4 - 6 helpers to be at the Club on Sundays from 730am - 10am to sell our uniforms and merchandise to members and the public. This will be done through the Square payment program. This role will include coordinating the Water Safety sign in/out process, handing out water safety rash vests and manages the returns of the rash vests each week.

BBQ/Food Co-Ordinator x 4 – set up starts from 8am to start serving from 10am once nippers are coming off the beach. This role requires the set up of the BBQs, eskys, ice, cook, serve, sell and pack up. The BBQS need to be cleaned and packed away any time from 11am. The BBQ coordinators will oversee and delegate to the rotating roster of age group helpers each week to assist from 9-11am.

Junior Club Photographer x 2- Get your creative juices flowing while you are at Nipper Sundays and carnivals we would love to you snap away through all the age groups and capture the fun of the members. These Images then get sent to the office for social and promotion use. Use of your own equipment is a requirement of this role. You will be acknowledged with SLSQ accreditation and will also be available as the Club photographer at surf sports carnivals. More information about the Photography Policy - <u>HERE</u>

Set up/Pack up Officer x 2 - From 630am, set up will begin every Sunday to set up all the flags, gazebos, BBQ, Uniform pop up, etc. Then pack up will commence when nippers concludes, from 10am onwards. This role will have extra assistance with a rotating roster, calling on age group per week to assist with set up/pack down.

Interested? Contact the office : admin@northburleighslsc.com.au

NIPPER COMMUNICATION

The club communication with its members through a monthly Members Loop newsletter and social media. Please refer below:

- INSTAGRAM HERE
- FACEBOOK HERE
- CALENDAR HERE
- CANCELLATION If Nippers is cancelled it will be communicated through the Nipper Facebook & Instagram page linked above
- More Nipper FAQs HERE

2023/24 JUNIOR ACTIVITIES COMMITTEE

PRESIDENT	BRAD RODGERS
VICE PRESIDENT	BRITT MURRAY
SECRETARY	MEL LANDRIGAN
WATER SAFETY OFFICER	TROY MULLER
KIOSK CONVENOR	JENNA RODD
CLOTHING OFFICER	ALANA MANNING
GRIEVANCE OFFICERS	CRYSTAL CALENDAR
CARNIVAL NOMINATION OFFICER	CALLIE WATTS
TEAM MANAGER U11-U14	TRAVIS CALLAGHAN
TEAM MANAGER U8-U10	JENNA RODD
YOUTH COACH	JEREMY COTTER
COACH	BETH PUDDEY
COACH	BRUCE TAYLOR
COACH	CHRIS WOOD

2023/24 AGE MANAGERS

U6	** LOOKING FOR AN U6 AGE MANAGER**	
U7	RYAN MOFFETT & HAMISH VICKERMAN	
U8	ANTHONY SHAW, MATT LANDRIGAN & LOUISE FLETCHER	
U9	TIM ELLIOTT & ADAM JEFFREY	
U10	MEL LANDRIGAN & MARK ROSE	
U11	LARA MULLER, TIM WALKER & CHRIS WOOD	
U12	BRITT MURRAY, JACE COSGROVE & ADDISON COSGROVE	
U13	DAVID RHODES & CAMERON PUDDEY	
U14	BRAD RODGERS	



Surf Sports

SURF SPORTS LEVY

North Burleigh provides a very comprehensive competition and professional training program each year. The Surf Sports Levy is set to fund high level coaching programs and subsidise the majority of carnival entry fees for the season. PAY LEVY <u>HERE</u>

Seniors: U14 - Masters

\$150

Includes:

- Training ocean and beach sessions x times a week
- Gym session
- Nutrition and dietary advise
- Strength and conditioning
- Recovery session
- Educational work shops
- Storage for craft
- Entries for majority of the carnivals

Juniors: U11-U13

\$100

Includes:

- Training ocean and beach sessions 6+ times per week
- Nutrition and dietary advise
- Recovery sessions
- Entries for majority of the carnivals

Juniors: U8 - U10

\$80

Includes:

- Entries for majority of the carnivals
- Training ocean and beach
- Use of Club equipment

SURF SPORTS COMMUNICATION

FACEBOOK TRAINING PAGES

- <u>Juniors</u>
- <u>Seniors</u>

2023/24 COACHING STAFF

HEAD COACH	MIKE MURRAY
YOUTH COACH	JEREMY COTTER
SKI COACH	MURRAY STEWART
JUNIOR SUPPORT COACHES	BETH PUDDEY, CHRIS WOOD, BRUCE TAYLOR
BEACH COACH	MARCUS KAIN
POOL RESCUE	LIAM RYAN
IRB	ТВС

North Burleighs coaching program caters for all abilities from novice to elite. Our coaches have a very professional structure in place for all divisions and our facilities are second to none. Boasting Coolangatta Gold, Nutri Grain, Branch, State & Australian Title champions within our ranks, we are very proud of the culture, discipline and dedication of our team.



CARNIVALS

At North Burleigh we encourage development through participating at our club training sessions and InterClub competitions.

By participating in this part of our program the children can significantly improve their skills, confidence and fitness as well as make new friends. Majority of SLSQ carnival entries are paid by the club.

SWIM, BOARD, SKI, IRON, POOL RESCUE & IRB

Masters (over 30 yrs)

The scope and diversity of North Burleigh extends to the Masters competitors. These members (all over 30 years) are an invaluable asset to the Club, helping in Nipper coaching, water safety at carnivals, as well as competing in Masters events, and R & R in the Senior ranks. The Masters are a credit to the Club and their honour board is already packed with results since its beginnings in 1991.



Lifesaving & Patrols

After successfully completing your Bronze Medallion and SRC, you will be welcomed into the North Burleigh Patrol family.

The patrol season starts on Saturday 16th September and ends the 6th May and operate every weekend and public holiday in between.

Lifesaving is not just patrolling and monitoring the beach, it's about being part of the community, upskilling and growing with the training that is available at North Burleigh SLSC.

2022/23 Statistics:



Education

SKILLS MAINTENANCE (PROFICIENCY)

Sunday 13th August, 730-11am Saturday 2nd September, 730 - 11am Saturday 14th October, 7.30 -11am





BRONZE MEDALLION

September 17th - November 5th, 8 - 12pm (8 consecutive Sundays)
September 25th - 29th, 8 - 3pm (Mon - Fri, intensive for 5 days)
November 25th - December 17th, 8- 12pm (Saturday & Sunday for 4 weekends)
February 17th - March 10th, 8- 12pm (Saturday & Sunday for 4 weekends)
April 20th - May 12th, 8 - 12pm (Saturday & Sunday for 4 weekends)

SURF RESCUE CERTIFICATE (SRC)

September 17th - October 15th, 8 - 12pm (5 consecutive Sundays)
September 25th - 29nd, 8 - 3pm (Mon, Tues, Wed & Fri, intensive for 4 days)
November 25th - December 10th, 8- 12noon (Saturday & Sunday for 3 weekends)
February 17th - March 3rd, 8- 12pm (Saturday & Sunday for 3 weekends)
April 20th - May 5th, 8 - 12noon (Saturday & Sunday for 3 weekends)

SILVER MEDALLION IRB DRIVER

September 16th - October 1st, 8am - 12pm (Saturday & Sunday for 3 weekends) January 13th - 28th, 8am - 12pm (Saturday & Sunday for 3 weekends)

IRB CREW CERTIFICATE

September 16th - 24th, 8am - 12pm (Saturday & Sunday for 2 weekends) January 13th - 21st, 8am - 12pm (Saturday & Sunday for 2 weekends)

SILVER MEDALLION BEACH MANAGEMENT

TBA - Branch to confirm dates/time.

FIRST AID	ADVANCED RESUS TECHNIQUES	AIV & IRACIOR
October 7th	October 8th	September 2nd, 11-12noon
February 10th	February 11	October 15th, 11-12noon

Contact

Mikaela Mew, Operations Manager Email: <u>operations@northburleighslsc.com.au</u>

- Compliance and Governance
- Grants
- Sponsorship & fundraising
- Blue Card

Troy Muller, Lifesaving Development Coordinator Email: <u>lifesaving@northburleighslsc.com.au</u>

- Lifesaving & Patrols
- Education
- Community

Callie Watts, Operations Support Email: admin@northburleighslsc.com.au

- Membership
- Nippers
- Surf Sports
- Social media

EVENTS

Season Launch - Sat 9 Sept
Safe on Socials
Mental Health - Find your feet
End of Season Patrol get together
Life Member Lunch
Sports Luncheon
Kamana Community
Annual Dinner

SOCIALS



north_burleigh_slsc/



<u>northburleighslsc</u>



Monthly Newsletter

Proudly Supported by

A realtyblue



























Thank you for supporting North Burleigh SLSC!